



# Tikankolo Nature School's nature and camp school

| Time        | 1. day   | 2. day   |
|-------------|--|--|
| 8.30        | <b>BREAKFAST</b>   | <b>BREAKFAST</b>   |
| 9.30–11.30  | <p><b>Welcome to camp school!</b></p> <p>Security instructions, ground rules of camp days, introduction of self-directed activities</p> <p>Grouping through games and play</p> <p>15 exercises to grouping<br/><i>My world</i></p> <p>Presentation of a wide-ranging workbook</p>          | <p><b>School on the map orienteering assignments</b></p> <p>Labyrinth orienteering<br/>Slalom orienteering<br/>Memory orienteering</p>                             |
| 11.30–12.30 | <b>LUNCH</b>   | <b>LUNCH</b>   |
| 13.00–14.00 | <p><b>Presentation and testing opportunity of exercise activities</b></p> <p>After testing you can continue with a chosen activity</p> <p>You can choose from e.g. frisbeegolf, photography orienteering, slackline-balancing + self-directed frisbeegolf, sup-boarding, fatbike-trail</p> | <p><b>Nature themed plays and games</b></p> <p>#ULKOLUOKKA-card</p> <p>Cocktail-party<br/>Battle-tag<br/>Moving memory game<br/>Actionary with organism cards</p>  |
| 15.00–16.00 |  | <p><b>Workshops</b></p> <p>Crafts made with natural materials<br/>Making of a Finnish rug<br/>Butterfly and photography workshop<br/>Cooking pizza or a burger</p> |
| 16.00–17.00 | <b>DINNER</b>  | <b>DINNER</b>  |
| 18.00–      | <p><b>Activities by the fireplace</b></p> <p>Wonderful nature ALIAS<br/>Baking buns on a stick</p>   | <p><b>Self-directed activities</b></p> <p>Orienteering or mission track in the dark<br/>Sauna and swimming</p>   |
| 20.00       | <b>EVENING SNACK</b>   | <b>EVENING SNACK</b>   |
| 22.00       | Silence  | Silence  |