

## Flower model for environmental education

Holistic environmental education consists of three components:

- Close relationship with nature

“When I was little we always went to the blueberry with my grandmother in the summer. ”

- Actions for the environment

“I want to influence my own well-being and the well-being of others ...”

- Environmental insights

“If I take only as much as I can eat on my plate, I will not, for my part, waste and throw things in vain! ”

“Positive nature experiences develop and strengthen a good relationship with nature. Such an emotional bond supports an environmentally respectful attitude, which in turn is a cornerstone of environmentally responsible activities. ”